



The Coalition for
Physician
Well-Being

**Coalition for Physician
Well-Being Conference**
Chicago, Illinois
July 29-31, 2019

Monday, July 29th

Swissôtel Chicago

12:00 – 1:00 pm Pre-Conference Registration Open

Lucerne Foyer

Pre-Conference Specialty Tracks

Graduate Medical Education

Alpine 1 Conf Room

Women Physicians

Alpine 2 Conf Room

| | Graduate Medical Education Alpine 1 Conf Room | Women Physicians Alpine 2 Conf Room |
|----------------|--|---|
| 1:00 – 1:15 pm | Welcome <i>Ted Hamilton, MD</i> AdventHealth | Welcome <i>Dianne McCallister, MD</i> The Medical Center of Aurora |
| 1:15 – 2:15 pm | Coping with Poor Patient Outcomes <i>Barbara Hernandez</i> Loma Linda University | Balancing It All <i>Omayra Mansfield, MD</i> AdventHealth Orlando |
| 2:15 – 3:15 pm | Residency Well-Being Programs: Lessons Learned & New Directions <i>Kathy Gibney, PhD</i> AdventHealth Orlando | Changing Work-Life Balance into Work-Life Integration for Superwomen <i>Nicole Swiner, MD</i> Physician/Professor/Author |
| 3:15 – 4:00 pm | Break / Sponsor Tables | Break / Sponsor Tables |
| 4:00 – 5:00 pm | Resident (and Faculty) Well-Being: Finding a Path Forward <i>Stuart Slavin, MD</i> ACGME | Permission to BE <i>Kathy Gibney, PhD</i> AdventHealth Orlando |
| 5:00 pm | Adjourn | Adjourn |

General Session Registration / Reception -- Élevé Conference Room

5:45 pm Registration Open

6:30 pm Reception Dinner | Chairman's Address
Ted Hamilton, MD

6:45 – 8:30 pm Table Topics

1. A Bio-Psycho-Social-Spiritual Approach to Well-Being
2. How Doctors are Wired
3. Trust and Respect
4. New Physician Assimilation: The Role of Mentoring
5. Shining a Light to Well-Being
6. Provider's Mission Fit and Alignment
7. Counseling, Coaching and Consulting
8. Spirituality and Physician Well-Being in Multi-Faith Contexts
9. Organizational Opportunities to Enhance Physician Learning

- Richard Bogue, PhD
Dianne McCallister, MD
Ted Hamilton, MD
Malcolm Herring, MD
Mary Wolf, LPC-MH
DeAnna Santana, PhD
Kathy Gibney, PhD
Doug Wysockey-Johnson, MDiv
Barbara Hernandez, PhD



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Tuesday, July 30th

Swissôtel Chicago

7:00 – 8:00 am Breakfast Élevé Conference Room

General Session -- Lucerne Conference Room

7:30 am Registration Open Lucerne Foyer

8:00 – 8:10 am Welcome / Opening Ceremonies Ted Hamilton, MD
AdventHealth

8:10 – 8:30 am Reflection Lanny Wilson, MD
AMITA Health

8:30 – 9:30 am Enhancing Joy in Medicine through
Organizational Initiatives Christine Sinsky, MD
American Medical Association

9:30 – 10:15 am Break / Poster Session / Sponsor Tables Alpine 1 & 2

10:15 – 11:00 am Attend to Your Wellbeing: Physicians
Adapting vs. Leading Robert Seligson, MBA
Physicians Foundation

11:00 – 12:00 pm Medical Leadership Michael Firstenberg, MD
Author/The Medical Center of Aurora

12:00 – 1:00 pm Lunch Élevé Conference Room

1:00 – 2:00 pm Physicians Affected by Partner Violence Barbara Hernandez, PhD
Loma Linda University

2:00 – 2:40 pm Medicus Integra Awardees Ted Hamilton, MD
AdventHealth

2:40 – 3:10 pm Break / Poster Session / Sponsor Tables Alpine 1 & 2

3:10 – 3:40 pm Medicus Integra Panel Awardees



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General Session -- Lucerne Conference Room

3:45 – 5:30 pm

Roundtable Sessions: Combining Physicians and Leadership

Trust Transformation

Omayra Mansfield, MD

How to Defeat Physician Burnout

Nicole Swiner, MD

Developing Self-Aware, Peer Supported
Leaders: The Dedicated Cohort Model

Doug Wysockey-Johnson, MDiv

Q & A: Coping with Poor Patient Outcomes
/ Physicians Affected by Partner Violence

Barbara Hernandez, PhD

Counseling, Coaching & Consulting

Kathy Gibney, PhD

LifeBridge: A Step-by-Step Guide to
Develop Physician Wellness Programs

Rae Bond

Alignment of Incentives: Physicians &
Administrators Mutual Interactions

Michael Firstenberg, MD

Preparing for Medicus Integra Surveys

Dianne McCallister, MD

5:30 pm

Adjourn



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Wednesday, July 31st

Swissôtel Chicago

7:00 – 8:00 am Breakfast Élevé Conference Room

General Session -- Lucerne Conference Room

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|------------------|---|--|
| 8:00 – 8:15 am | Reflection | Doug Wysockey-Johnson, MD <i>Lumunos</i> |
| 8:15 – 9:05 am | Leading Organizations through Dyad Leadership | Dianne McCallister, MD Michael Firstenberg, MD <i>The Medical Center of Aurora</i> |
| 9:05 – 9:35 am | Learnings from Formalized Advocate Program to Drive Organizational Well-Being | Sarah Prom, MA, LPC <i>Vital WorkLife</i> |
| 9:35 – 10:20 am | Promoting Professional Wellness in a Health Care System: It Takes a Village | James Fowler, PhD <i>Houston Methodist Behavioral Health</i> |
| 10:20 – 10:50 am | Break / Poster Session / Sponsor Tables | Alpine 1 & 2 |
| 10:50 – 11:50 am | Engaging Providers in Reducing EMR Burden | Jessica Baird-Wertman, MHS <i>AdventHealth</i> |
| 12:15 – 12:30 pm | Aha's and Takeaways | Ted Hamilton, MD |
| 12:30 pm | Adjourn | |