



The Coalition for
Physician
Well-Being

E-Newsletter

February 2023

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Register for the 2023 Joy & Wholeness Summit!

JOY & WHOLENESS SUMMIT

JULY 10-12, 2023
PARK CITY, UTAH
GRAND SUMMIT RESORT

PRESENTED BY
The Coalition for
Physician
Well-Being

SAVE THE DATE!

EARLY BIRD PRICING
NOW - MARCH 3
\$675 MEMBERS • \$775 NON-MEMBERS

GENERAL REGISTRATION
MARCH 4 - JULY 12
\$775 MEMBERS • \$875 NON-MEMBERS

REGISTER NOW

Please consider joining us for the Joy & Wholeness Summit, our 13th Annual Conference, being held in-person on **July 10-12, 2023** at the beautiful Grand Summit Resort in Park City, Utah. Our boutique conference experience is held expressly to share tools and resources that will enhance physician well-being and help combat physician burnout. Via this live event, our speakers will provide insight to help clinicians and healthcare systems with content addressing business and quality, culture, resilience and learning. Opportunities to network, share, and learn are in generous supply.

Early Bird Registration pricing is available NOW through March 3, 2023. Receive a **\$100 discount** off of general session pricing before prices increase on March 4.

We are currently accepting abstracts for poster presentations and applications for sponsors/exhibitors. Abstracts for poster presentations are due **March 15, 2023**. Applications to sponsor or exhibit are due **April 30, 2023**. Learn more about these opportunities by clicking the button below.

REGISTER NOW

February 17 – FREE Live Webinar with Mukta Panda, MD – Register NOW!



Mukta Panda, MD, MACP, F-RCP-London

Professor of Medicine
Assistant Dean for Well-Being and
Medical Student Education
University of Tennessee College of Medicine

Are Medical Oaths Irrelevant in 2023?

Dr. Mukta Panda's webinar will address three major points to answer the question, "Are Medical Oaths Irrelevant in 2023?"

- Understand the historical context and evolution of the Hippocratic Oath as a professional creed
- Appreciate the Oath as a living document that can help physicians meet contemporary challenges
- Share the Oath to Self-Care and Well-Being and its value in the current healthcare environment

REGISTER NOW

About the Speaker

Dr. Mukta Panda is an award-winning physician, speaker, educator, facilitator and leader whose work seeks to transform the heart of healthcare organizations, patient care and medical education. Her professional roles include Professor of Medicine and the Assistant Dean for Well-Being and Medical Student Education at the University of Tennessee College of Medicine where she serves as a physician, educator, scholar and leader. Dr. Panda is trained facilitator and coach with the Center of Courage & Renewal. She facilitates regular retreats and peer coaching for health care professionals and trainees. Mukta also proudly identifies as a mother, grandmother, daughter and friend. Mukta grew up in India and has studied and practiced in India, London, and Saudi Arabia. To rejuvenate, Mukta likes to take long walks, cook good Indian meals, and plan surprise parties for her loved ones.



LISTEN NOW



Season 3, Episode 2
February 1, 2023
Kevin D. Hopkins, MD

About the Speaker

Dr. Kevin Hopkins has been a Staff Physician in the Department of Family Medicine at the Cleveland Clinic since 2005. Dr. Hopkins also serves as Primary Care Medical Director for Cleveland Clinic Community Care, the Cleveland Clinic's primary care, population health institute. Over the past several years he has become a recognized leader and national speaker in the field of Caregiver burnout and ambulatory practice re-design and transformation. Dr. Hopkins has led the transition of his primary care group to a model of Value-Based Care and is continuing to leverage an advanced team-based care practice model as a vehicle to achieve the goals of population management. He holds an academic appointment with Cleveland Clinic Lerner College of Medicine as a Clinical Assistant Professor in the Department of Family Medicine, teaches within the Cleveland Clinic Family Medicine Residency Program, and is also a faculty instructor for the Cleveland Clinic Global Leadership and Learning Institute. Dr. Hopkins is a Senior Physician Advisor with the Professional Satisfaction and Practice Sustainability Initiative for the American Medical Association (AMA) and has previously served as a physician advisor for Google Health.

Information on each of the prior episodes can be found on our website ([click here](#)) and you can download any of the episodes on whichever app you might normally use to listen to podcasts.

Call for Resident Scholarship Applicants – The Joy & Wholeness Summit



Today's medical residents are tomorrow's health care heroes. That's why fostering well-being, balance and fulfillment in the early stages of their careers is so critical.

The purpose of the Coalition for Physician Well-Being Scholarship Program is to increase accessibility for current GME residents and fellows to attend the national annual conference. This program provides an opportunity to those who might not otherwise be able to participate. Our conference focuses on educating and providing resources on how to partner with hospital and medical group leaders. The conference also identifies programs and processes to enhance the well-being of clinicians. The Coalition has been granted funding for **at least 10** scholarship recipients.

Residents or Fellows who would like to apply for a scholarship, should submit their application by the deadline of **March 31, 2023**.

Spread the word about this opportunity with a deserving resident in your network!

SUBMIT NOW

News, Research & Resources

You may need a subscription to read some of these articles.

[Beyond Burnout: From Measuring to Forecasting](#)

"The absence of cost calculations for many of the documented impacts of clinician burnout can lead to erroneous decision-making and budgeting by healthcare organizations, such as deciding against implementing a policy that seems too expensive based solely on the cost of turnover when in fact the policy would pass a benefit-cost test based on the full costs of burnout. While the costs of some impacts such as patient satisfaction are long term and hard to quantify, ignoring them underestimates the burnout impact on the organization and the economic payoff from investing in programs to reduce burnout." – **Blackburn et al., National Bureau of Economic Research**

[Leadership Behavior Associations with Domains of Safety Culture, Engagement, and Health Care Worker Well-Being](#)

"Leadership is a key driver of health care worker well-being and engagement, and feedback is an

essential leadership behavior. Methods for evaluating interaction norms of local leaders are not well developed. Moreover, associations between local leadership and related domains are poorly understood. This study sought to evaluate health care worker leadership behaviors in relation to burnout, safety culture, and engagement using the Local Leadership scale of the Safety, Communication, Operational Reliability, and Engagement (SCORE) survey." – **Tawfik et al., *The Joint Commission Journal on Quality and Patient Safety***

New Member Feature – Daniel Reichert, MD



Daniel Reichert, MD, FAAFP

Chairman, Department of Family Medicine

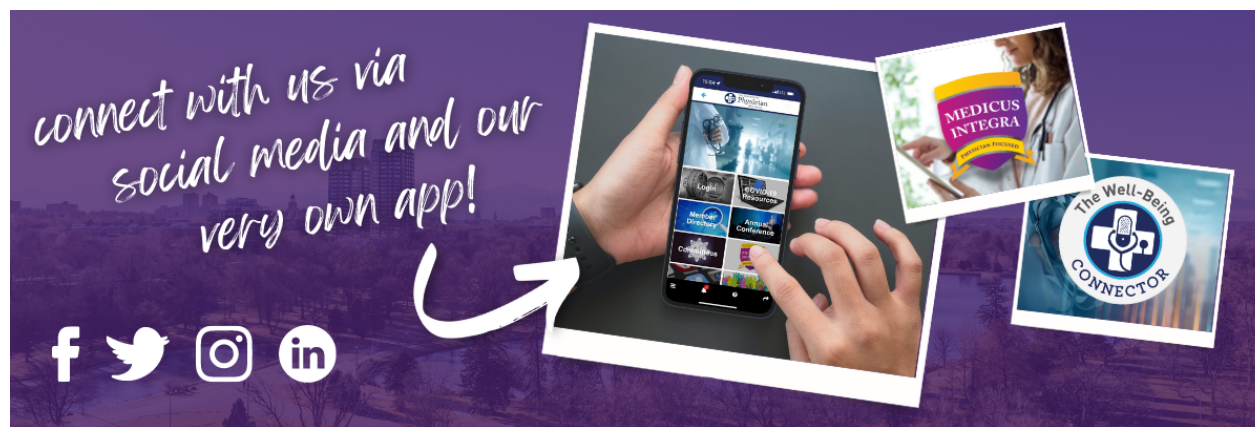
Loma Linda University Health

How long have you been practicing medicine? 31 years

Why did you join the Coalition? I thought this would be an opportunity to learn from others how they are addressing the challenges of declining well-being among physicians. I am also looking for methods of contributing to this effort in a scope broader than my own institution.

Why are you passionate about physician well-being? Although always interested in physician well-being on a personal level, I became passionate about this after a question arose in a faculty discussion about patient satisfaction scores. The question was, “We spend a lot of time talking about patient satisfaction. Why don’t we spend any time with physician satisfaction?” The honest answer was that we did not spend enough time with physician well-being. Shortly after that I was accepted in the AAFP’s Leading Physician Well-Being Scholar and Certification Program. It was transformative to read Tate Shanafelt’s article “Well-Being 2.0” and realize how the era of medicine I trained and for years practiced in contributed to my perception of the priority of well-being amongst physicians. Equally transformative was the realization of the Quadruple Aim that is needed to truly provide the best care for our populations. The AAFP LPW Scholar Program has developed in me an unquenchable passion, and taught skills positioning me to advance physician well-being beyond my local group.

What do you do to ensure your own well-being? Self-care is a critical element to maintain appropriate physician well-being. For me, this includes maintaining good health with regular exercise by running and cycling, healthy sleep habits, proper nutrition, practicing mindfulness, and getting regular time outdoors. It has also been helpful to find my sense of purpose in this world by doing my best to be kind, helpful, forgiving, and appreciative to all around me.



Message from the Editor

Do you have news, information or updates that you would like to be considered for publication in our newsletter? If so, share it with us. Here are some examples of potential topics you might wish to submit:

1. Events related to the mission that you are running or attending
2. Recently published research that you found interesting
3. Relevant job postings
4. Member job changes or advancements
5. Relevant efforts for which you are looking for collaborators
6. Anything else you believe might be of interest to Coalition members

Please email Max Kuchenreuther at max@forphysician.org to submit.



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