



The Coalition for  
**Physician**  
Well-Being

## E-Newsletter

January 2023

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**January 20 – FREE Live Webinar with Jen Barna, MD – Register NOW!**



**Jen Barna, MD**

**Founder and CEO; Radiologist**  
*DocWorking*

### **Creative Ways to Retain Your Physicians Workforce**

Dr. Barna will discuss novel approaches that allow organizations to readily access actionable burnout prevention programs for their clinical teams and staff, with minimal administrative time and at low cost. Healthcare organizations are pressed for resources and time to put together their own programs but providing strategies to protect and strengthen individual resilience will help organizations drive long-term success. Dr. Barna will share a novel, multi-faceted approach that aligns with industry leadership directives to improve retention. Innovative intervention is needed to improve collaboration, support clinicians, and halt the cycle of turnover and its impact on patient care.

**REGISTER NOW**

### **About the Speaker**

Jen Barna MD is a board-certified practicing radiologist. She is the founder and CEO of [\*\*DocWorking\*\*](#), a company that helps physicians and other healthcare professionals stay on the balanced path and accelerate progress toward what matters most to each of us, as defined by each individual, on our own terms. Through one-of-a-kind coaching, peer communities, and on-demand digital courses, DocWorking provides customizable and scalable well-being support that clinicians and staff need to prevent burnout and improve work culture. Dr. Barna is also the co-host of [\*\*DocWorking: The Whole Physician Podcast\*\*](#), now ranked on multiple lists as a top physician podcast. She earned her MD and completed her Diagnostic Radiology residency at the University of Tennessee School of Medicine. She earned a masters degree in Molecular and Cellular Biology from Washington University in St. Louis, and her undergraduate degree from Stony Brook University in New York.

## **On this Month's Episode of The Well-Being Connector Podcast...**



**LISTEN NOW**



**Season 3, Episode 1**  
**January 6, 2023**  
**Paul DeChant, MD, MBA**

### **About the Speaker**

Dr. Paul DeChant is a thought leader to C-level executives pursuing organizational well-being. He is an authority on reducing physician burnout by fixing dysfunction in the clinical workplace. He is co-author of the book, “Preventing Physician Burnout: Curing the Chaos and Returning Joy to the Practice of Medicine”, speaks internationally, and blogs regularly at [\*\*www.pauldechantmd.com\*\*](http://www.pauldechantmd.com).

Dr. DeChant is an experienced physician executive with more than 25 years of clinical and management experience in all aspects of medical group leadership, including quality improvement, strategic planning, financial growth, acquisitions, and Lean transformation.

Information on each of the prior episodes can be found on our website ([\*\*click here\*\*](#)) and you can download any of the episodes on whichever app you might normally use to listen to podcasts.

**Register for the 2023 Joy & Wholeness Summit!**



Please consider joining us for the Joy & Wholeness Summit, our 13th Annual Conference, being held in-person on **July 10-12, 2023** at the beautiful Grand Summit Resort in Park City, Utah. Our boutique conference experience is held expressly to share tools and resources that will enhance physician well-being and help combat physician burnout. Via this live event, our speakers will provide insight to help clinicians and healthcare systems with content addressing business and quality, culture, resilience and learning. Opportunities to network, share, and learn are in generous supply.

**Early Bird Registration pricing is available NOW through March 3, 2023.** Receive a **\$100 discount** off of general session pricing before prices increase on March 4.

**SUBMIT NOW**

Call for Speakers – Advanced Practice Provider Track – The Joy & Wholeness Summit



The Coalition for Physician Well-Being is currently seeking **highly-qualified** speaker candidates for the 2023 Joy & Wholeness Summit's Advanced Practice Provider/Clinician pre-conference track.

Proposals are reviewed by the Coalition for Physician Well-Being Conference Planning Committee. During the proposal review process, the committee will assess potential speakers. Proposals are evaluated based on the following Medicus Integra© criteria: **Business and Quality, Culture, Resilience, Learning.**

Selected speakers for the 2023 APP pre-conference track will receive complimentary registration to the general session, APP pre-conference track, and other benefits.



At this time, we are accepting speakers for the APP track ONLY. Submissions are due by **Monday, February 6.**

**SUBMIT NOW**

## Call for Resident Scholarship Applicants – The Joy & Wholeness Summit



Today's medical residents are tomorrow's health care heroes. That's why fostering well-being, balance and fulfillment in the early stages of their careers is so critical.

The purpose of the Coalition for Physician Well-Being Scholarship Program is to increase accessibility for current GME residents and fellows to attend the national annual conference. This program provides an opportunity to those who might not otherwise be able to participate. Our conference focuses on educating and providing resources on how to partner with hospital and medical group leaders. The conference also identifies programs and processes to enhance the well-being of clinicians. The Coalition has been granted funding for **at least 10** scholarship recipients.

Residents or Fellows who would like to apply for a scholarship, should submit their application by the deadline of **March 31, 2023.**

Spread the word about this opportunity with a deserving resident in your network!

**SUBMIT NOW**

## News, Research & Resources

*\*You may need a subscription to read some of these articles.\**

### **The Wicked Problem of Physician Well-Being**

"However, workplace culture and environment are key factors that affect burnout, and therefore



clinician well-being efforts require both individual-focused and systems-level interventions. A sustainable culture of support in medicine is necessary to foster physician well-being." – **Sinskey et al., *Elsevier Public Health Emergency Collection***

### **The Promise of Well-Being Interventions to Mitigate Physician Burnout During the COVID-19 Pandemic and Beyond**

"When judiciously combined with organizational approaches, preferentially as an integral part of them, individual wellness programs for physicians are poised to contribute significantly toward the much needed relief from physician burnout." – **Saatcioglu et al., *JCO Oncology Practice***

## Welcome Our New Board Member, Ivonne Johnson, DNP, APRN



### **Ivonne Johnson, DNP, APRN**

Nurse Practitioner, Chief APP Officer  
*AdventHealth Medical Group*  
*Central Florida Division*

Ivonne Johnson is a nurse practitioner who has worked in health care for over 30 years. She started her career in nursing and worked for 10 years in various hospital settings, and for the last 25+ years, she has worked as a nurse practitioner.

Ivonne completed her Bachelor of Science degree in Nursing from Union College in Lincoln, NE in 1987 and then earned a Master of Science degree (MSN) in Nursing from the University of Florida in 1997. She went on to earn a Doctor of Nursing Practice (DNP) degree from the University of Central Florida which she completed in 2010.

Ivonne Johnson holds two national board certifications with the American Nurses Credentialing Center (ANCC) as an Adult Nurse Practitioner, as well as a Pediatric Nurse Practitioner. She currently works for AdventHealth Medical Group as a nurse practitioner for a Family & Internal Medicine practice.

In addition to her clinical work, in 2018, Ivonne accepted the role of Chief APP Officer for Advent Health Medical Group in Orlando. In this position she works closely with the organization's leadership to develop an infrastructure to support the Advanced Practice Provider (APP) role.

Ivonne lives with her husband Dave and has two daughters who are attending college. She enjoys spending time with her family and friends, traveling, skiing and photography.



## Message from the Editor

Do you have news, information or updates that you would like to be considered for publication in our newsletter? If so, share it with us. Here are some examples of potential topics you might wish to submit:

1. Events related to the mission that you are running or attending
2. Recently published research that you found interesting
3. Relevant job postings
4. Member job changes or advancements
5. Relevant efforts for which you are looking for collaborators
6. Anything else you believe might be of interest to Coalition members

**Please email Max Kuchenreuther at [max@forphysician.org](mailto:max@forphysician.org) to submit.**

