



The Coalition for
Physician
Well-Being

E-Newsletter

June 2023

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Get Ready for the Joy & Wholeness Summit!



**We are just over a month away – Book your hotel stay
NOW!**

The time to act on improving the well-being of our providers is NOW. Take part in

immersive pre-conferences for APPs, GME programs, and women physicians, as well as poster presentations, roundtables, networking and more in the heart of the Wasatch Mountains.

While attending the Summit, you will have the opportunity to explore the natural beauty and activities that Park City has to offer. In the summertime, the area is surrounded by lush greenery and stunning mountain landscapes, creating the ideal rejuvenating environment to network, share, and learn. We chose Park City for good reason, and encourage you to get as much out of the beauty of the region as you do at the Summit.

Be sure to book your room at the Grand Summit Hotel by no later than **June 19, 2023** to secure our [special discounted rate!](#) If you tend to book your lodging last, don't wait – **these slots fill fast.**



Book your room!

Engage in immersive, targeted pre-conferences

ADVANCED PRACTICE PROVIDERS TRACK



Enhancing The Well-being of APPs: A Holistic Approach
Sharona Johnson, PhD
Christina Bowen, MD
Monique Thornton, LCSW
ECU Health



Unbecoming the Medical Hero
Amy Painter, MSN
AdventHealth



Supporting Provider Wellbeing Across Diverse Practices
Bridget Garmisa, MSN
Children's Hospital of Philadelphia



Path to Enhancing Professional Fulfillment and Decreasing Burnout
Clair Mariam Kuriakose, MBA, PA-C, FACHE
Stanford Medicine

GME TRACK



Reimagining Resilience Training in GME

Stuart Slavin, MD
ACGME



How to Make Work "Work" for You - How setting boundaries set this doctor free

Mallory Salentine, MD
Children's Wisconsin



Psychological Insight into Resident Wellness: The HCA/CGU Physician Wellness Research

Gregory Guldner, MD
HCA Healthcare Riverside



Building a \$2 Million Resident Wellness Program: Lessons Learned 10 Years In

Simiao Li-Sauerwine, MD, MSCR
Kimberly Bambach, MD
The Ohio State University

WOMEN PHYSICIANS TRACK



Growing Women Leaders

Michellene Davis, Esq.
National Medical
Fellowships, Inc.



What You Practice Grows

Jessie Mahoney, MD
Pause & Presence
Coaching



How to Make Work "Work" for You - How setting boundaries set this doctor free

Mallory Salentine, MD
Children's Wisconsin



Every Woman in Medicine is a Leader - Define Your Value and Your Path

Tammie Chang, MD
Luisa Duran, MD
Pink Coat, MD

Register Today!

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Physician
Well-Being

Thank you to our 2023 Sponsors and Exhibitors!



The Well-Being Connector Podcast – Sharee Johnson



Sharee Johnson

Psychologist & Executive Coach

Coaching for Doctors

Season 3, Episode 5

Hosted by **Michael Brown, MD**. For a full list of episodes and streaming platforms, follow this [link](#).

LISTEN NOW

About the Speaker

Sharee Johnson is a registered Psychologist, Executive Coach, Author and Meditation Teacher. She is the founder of Coaching for Doctors, Australia's first coaching practice dedicated solely to doctor development and in 2021 published her international best selling book, *The Thriving Doctor - How to be more balanced and fulfilled, working as a doctor*.

Sharee spends her days deep in coaching conversations with individual doctors and groups of doctors seeking to understand their goals, aspirations and challenges. She believes that healthcare systems can be much more effective for patients when caregivers are well. And that caregivers can have more longevity and joy in their work when they have well developed inter and intrapersonal skills. She is wholeheartedly invested in healthcare that values and prioritizes human partnerships.

News, Research & Resources

You may need a subscription to read some of these articles.

When peer comparison information harms physician well-being

"Consistent with this account, providing leaders with training on how to support physicians mitigated the negative effects on well-being. Our research uncovers a critical potential downside of peer comparison interventions, highlights the importance of evaluating the psychological costs of behavioral interventions, and points to how a complementary intervention-leadership support training-can mitigate these costs." – **Reiff, J. S., Zhang, J. C., Gallus, J., Dai, H., Pedley, N. M., Vangala, S., Leuchter, R. K., Goshgarian, G., Fox, C. R., Han, M., & Croymans, D. M. (2022). When peer comparison information harms physician well-being. *Proceedings of the National Academy of Sciences of the United States of America*, 119(29), e2121730119. <https://doi.org/10.1073/pnas.2121730119>**

Supporting Advanced Practice Fellowship During COVID-19





"The authors studied an APP fellowship program to describe resilience, stress, and compassion in a transition-to-practice program and explore the experience of intentional, facilitated conversations. During 2019 and 2020, 18 APP fellows at a large, academic comprehensive cancer center participated in this descriptive study. The fellowship started in-person but changed to a virtual setting due to the COVID-19 pandemic." – **Osborne, M., Rettig, A., Lindsey, A., Mathey, K., Sinnott, L., & McMahon, D. (2022). Supporting Advanced Practice Fellowship During COVID-19. *Journal of the advanced practitioner in oncology*, 13(8), 816–821. <https://doi.org/10.6004/jadpro.2022.13.8.8>**


Message from the Editor

Do you have news, information or updates that you would like to be considered for publication in our newsletter? If so, share it with us. Here are some examples of potential topics you might wish to submit:


- 1. Events related to the mission that you are running or attending
- 2. Recently published research that you found interesting
- 3. Relevant job postings
- 4. Member job changes or advancements
- 5. Relevant efforts for which you are looking for collaborators
- 6. Anything else you believe might be of interest to Coalition members

Please email Max Kuchenreuther at max@forphysician.org to submit.





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