

March 2023

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Early Bird Registration ends Friday, March 3! – The Joy & Wholeness Summit



Register by March 3rd to save \$100!

Please consider joining us for the Joy & Wholeness Summit, our 13th Annual Conference, being held in-person on July 10-12, 2023 at the beautiful Grand Summit Resort in Park City, Utah. Our boutique conference experience is held expressly to share tools and resources

that will enhance physician well-being and help combat physician burnout. Via this live event, our speakers will provide insight to help clinicians and healthcare systems with content addressing business and quality, culture, resilience and learning. Opportunities to network, share, and learn are in generous supply.

Early Bird Registration pricing is available NOW through March 3, 2023. Receive a \$100 **discount** off of general session pricing before prices increase on March 4.

We are currently accepting abstracts for poster presentations and applications for sponsors/exhibitors. Abstracts for poster presentations are due March 15, 2023. Applications to sponsor or exhibit are due April 30, 2023. Learn more about these opportunities by clicking the button below.

REGISTER NOW

Call for Resident Scholarship Applicants – The Joy & Wholeness Summit



"Well-being for physicians should start at the foundation. How can we incorporate wellness into our training so that it's a part of our lifestyles and our careers as physicians?"

Fisayo K. 2022 Scholarship Recipient

"This conference is one of the most empowering opportunities I've had through all of residency."

Kirollos R. 2022 Scholarship Recipient



The purpose of the Coalition for Physician Well-Being Scholarship Program is to increase accessibility for current GME residents and fellows to attend the national annual conference. This program provides an opportunity to those who might not otherwise be able to participate. Our conference focuses on educating and providing resources on how to partner with hospital and medical group leaders. The conference also identifies programs and processes to enhance the well-being of clinicians. The Coalition has been granted funding for **at least 10** scholarship recipients.

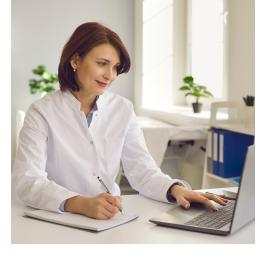
Selected recipients are eligible to receive:

- Paid registration to the 2023 Joy & Wholeness Summit
- Paid registration to one (1) pre-conference track (Women Physicians **OR** GME track)
- Hotel accommodations at the Grand Summit Resort for 2 nights
- Meals provided during the conference (2 breakfasts, 1 lunch, 1 dinner, plus all snacks provided during breaks)
- Includes approved AMA PRA Category 1 Credits toward CME

Residents or Fellows who would like to apply for a scholarship, should submit their application by the deadline of **March 31, 2023**.

SUBMIT NOW

Explore These Helpful Resources from the Coalition



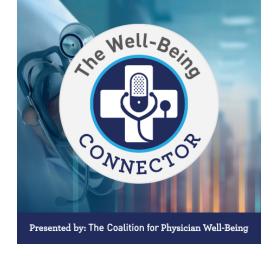
Monthly Webinars

Monthly webinars cover a broad array of topics pertinent to understanding physician well-being. Each webinar is 60 minutes in duration by an acknowledged content expert. Webinars occur every third Friday of each month. The 2023 webinar series aligns topics to the quadrants of the Medicus Integra© Survey. Register now for our next webinar in April!



<u>Virtual Learning Center</u>

Take advantage of new virtual learning offerings on our Virtual Learning Center!
Earn CME credit at your own time and pace for only \$35/credit or for FREE as a paid member of the Coalition. Members also have access to exclusive modules as a benefit of their membership.



The Well-Being Connector Podcast

Coalition member and podcast host Michael Brown, MD, presents conversations with healthcare professionals who support wholeness within their organizations. Our guests understand that in the pursuit of wholeness we must encompass the physical, mental, social, and spiritual health care of each individual, in order to reinvigorate their purpose and meaning.



Speaker Catalog

Have you attended one of our live monthly webinars or downloaded a podcast from The Well-Being Connector? Are you looking for an opportunity to invite a previous speaker to your upcoming event? We have created a catalog to aid you in finding the right speaker for your next engagement.

You may need a subscription to read some of these articles.

3 big factors that drive resident physician burnout

"Evidence-based program interventions usually work best at mitigating and prevent resident physician burnout, advised Dr. Linzer. These may include jeopardy coverage for essential life events, a newsletter celebrating resident achievements, removal of after-hours consult pager call, an extra day off for senior residents on the wards, and care packages distributed through night teams.

'Faculty being on the alert for adverse work environments, such as excess admissions and inability for residents to unplug from the work environment and head home, or in people being distanced on rounds—so they're not really connecting—might prompt faculty to go deeper and discuss with the resident or program director if they can help,' Dr. Linzer said." – Jennifer Lubell, American Medical Association

DocsGPT in beta targets physician burnout

"Doximity's AI-powered chatbot tool could reduce the time doctors spend on administrative burdens. Cofounder Dr. Nate Gross says the bar in healthcare is high and requires a prudent approach to generative AI."

"Such generative artificial intelligence could help streamline administrative tasks in healthcare, and Doximity is testing that with its customized creation of DocsGPT. The company says the online bot, in beta, could help doctors "cut the scut" that raises their burnout levels. By giving it a try, users can help make the model better." - Andrea Fox, Healthcare IT News



Message from the Editor

Do you have news, information or updates that you would like to be considered for publication in our newsletter? If so, share it with us. Here are some examples of potential topics you might wish to submit:

- 1. Events related to the mission that you are running or attending
- 2. Recently published research that you found interesting
- 3. Relevant job postings
- 4. Member job changes or advancements
- 5. Relevant efforts for which you are looking for collaborators
- 6. Anything else you believe might be of interest to Coalition members

Please email Max Kuchenreuther at max@forphysician.org to submit.





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