



The Coalition for
Physician
Well-Being





The Medicus Integra Award denotes formal recognition of hospitals and health care institutions that demonstrate a significant, purposeful, ongoing commitment to the well-being of physicians.

The Medicus Integra Award was conceived and developed by the Coalition for Physician Well-being, based upon the belief that physician resilience and well-being is not only good for physicians, but is conducive to healthy organizational culture and essential to quality patient care.

THE SURVEY ---

The Medicus Integra survey describes the characteristics and scope of a comprehensive institutional physician well-being program and provides metrics for assessing progress in program development. The survey tool comprises four categories: Resilience (RSL), Learning (LRN), Business and Quality (BQA) and Culture (CLT). Within each category, itemized criteria provide clarity and specificity and describe definitive documentation and measures.

The survey process is intended to provide meaningful, credible and actionable feedback in a collegial and professional manner. The resulting report provides both commendations for observed accomplishments and recommendations for advancing the program.



Institutions achieving Medicus Integra designation are recognized for their commitment to physician well-being and for their documented accomplishments toward this end. The Medicus Integra seal, awarded to successful institutions, is designed to communicate and acknowledge this achievement.



STATISTICS

Despite apparent advantages of education, culture, income and societal status accruing to the role of physician, many physicians are disappointed with their career choices, discouraged with the practice of medicine and disheartened about prospects for the future. The evidence is clear and compelling:

- More than half of surveyed physicians admit to symptoms of burnout, including depersonalization, lack of a sense of accomplishment and emotional exhaustion.
- Primary care physicians are particularly susceptible to burnout.
- Thirty percent of doctors would not choose a medical career again, nor would they recommend it to their children.
- More than 350 physicians commit suicide each year, a rate that is almost two times higher than the general population.



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