



The Coalition for
Physician
Well-Being

E-Newsletter

October 2022

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October 21 – FREE Live Webinar with Katie Schneider, MD – Register NOW!



Katie Schneider, MD

Family Medicine Physician, Coach
The Whole Clinician

St. Luke's Wood River Medical Center
St. Alphonsus Regional Medical Center

**Building a Well-Being Center of
Excellence**

REGISTER

About the Speaker

Katie Schneider, MD is a board certified family medicine physician who has worked in a variety of medical environments, including rural towns and larger cities, small private clinics and large hospital systems, as well as both outpatient and inpatient practices. She recognizes the demands of medicine and the need for fluid improvement. Dr. Schneider earned her medical degree at George Washington University and completed her family medicine residency at The Family Medicine Residency of Idaho. She currently splits her time between practicing as an inpatient hospitalist, working in an outpatient clinic, attending at residency clinics, and leading the Whole Clinician. Dr. Schneider has developed a passion for clinician

wellness, whole life balance, resiliency, and burnout recovery and prevention. She has been formally trained in coaching, and is a certified physician development coach.

CALL FOR WEBINAR SPEAKERS

We are in the process of selecting guest speakers for our 2023 webinar series. If you have an interest in being a speaker, please complete the form below. If you have any questions, please contact maxwell.kuchenreuther@adventhealth.com.

APPLY NOW

On this month's episode of The Well-Being Connector Podcast...



LISTEN NOW



Season 2, Episode 15
October 6, 2022
Angela Augusto

About the Speaker

Angela Augusto is the Executive Director of Clinical Mission Integration at AdventHealth, a faith-based, non-profit health system serving communities in nine states. She is a driving force behind a compassionate and highly skilled clinical mission integration team, serving 60,000+ caregivers in hospitals, physician practices, cancer institutes, urgent care centers, skilled nursing facilities, and home health and hospice agencies, providing individualized, wholistic care—all in pursuit of one mission: Extending the Healing Ministry of Christ.

Information on each of the prior episodes can be found on our website ([click here](#)) and you can download any of the episodes on whichever app you might normally use to listen to podcasts.

October Exhibitions and Conferences



We're in the middle of the fall conference season and the Coalition is hard at work exhibiting at various conferences this October!

- Champions of Wellness Virtual Summit – October 5, 2022
- International Conference on Physician Health – October 13-15, 2022
- Advent Health Physician Well-Being Conference – October 21-22, 2022

Interested in Joining the Marketing Committee?



Do you have a knack for storytelling or marketing? If so, we encourage you to consider joining our Marketing Committee. As part of the Marketing Committee, you can help shape how the Coalition tells its story as an organization to amplify its mission and benefits, engage members and medical professionals as a trusted resource and solidify its position as a leading voice on physician wellness.

If you'd like to help bring new and exciting content to life as part of the Marketing Committee, email mario@forphysician.org.

In the News

You may need a subscription to read some of these articles.

[Physician Burnout Has Reached Distressing Levels, New Research Finds](#)

"Ten years of data from a nationwide survey of physicians confirm another trend that's worsened through the pandemic: Burnout rates among doctors in the United States, which were already high a decade ago, have risen to alarming levels." – The New York Times

[Arizona law gives doctors an option for confidential peer support](#)

A bipartisan bill recently passed in the Arizona government "allows the [Arizona Medical Association] to run a confidential peer-support physician wellness program that evaluates or counsels someone to address their career fatigue or wellness." – American Medical Association

Research & Resources

You may need a subscription to read some of these articles.

[Pandemic pushes U.S. doctor burnout to all-time high of 63%](#)

A survey conducted by the AMA, Mayo Clinic, Stanford University School of Medicine and the University of Colorado School of Medicine "found that, overall, 62.8% of physicians had at least one manifestation of burnout in 2021, compared with 38.2% in 2020, 43.9% in 2017, 54.4% in 2014 and 45.5% in 2011. These trends were consistent across nearly all specialties."

[National Nurse Work Environments - October 2021: A Status Report](#)

An online survey of 9862 registered nurses by the American Association of Critical-Care Nurses demonstrates that the nurse work environments has dramatically worsened over the past few years, and the authors point out that these difficult environments are may to lead to more nurses leaving the profession.

New Member Feature – Jonathan Moss, MBA, FHFMA



Jonathan Moss, MBA, FHFMA

Northside Resolution (self-employed)

How long have you been practicing medicine or in the health care industry? I've been working in health care operations, finance and well-being for 30 years. My father was a pediatrician & HMO medical director. My mother was a nurse and administrator. My partner is a pediatric emergency medicine physician leader. I've recently left the employment of a provider health system and am branching out as an independent consultant.

Why are you passionate about physician well-being? The plight of our caregivers seemed to be deteriorating rapidly before the pandemic. Suicide rates are too high and the practice of medicine has seemed to be losing its luster. For the sake of our practitioners, our patients and future generations of caregivers and their patients, the sirens have begun to wail. My role in the industry has always been in support of those who treat the patients, and their well-being has become my passion.

Why did you join the Coalition? I appreciate the great work the Coalition is doing to promote clinician well-being, bringing together a network of motivated and generous leaders and that they have provided so many great resources to the public for consumption by any organization that would like to work on well-being progress.

What do you do to ensure your own well-being? I'm an avid athlete. I enjoy both the fitness and camaraderie aspects as well as the version of "moving meditation" that it provides. When "in the zone," the turmoil of the day fade away.



Message from the Editor

Do you have information that you would like to publish in our newsletter? If so send me (Michael Brown - mbrown@acesis.com) what you wish for us to include. Here are some potential ideas you might wish to submit:

- 1. Events related to the mission that you are running or attending
- 2. Recently published research that you found interesting
- 3. Relevant job postings
- 4. Member job changes or advancements
- 5. Relevant efforts for which you are looking for collaborators
- 6. Anything else you believe might be of interest to coalition members



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